

Lone Working Risk Assessment Form

Company :

Lone Worker Name/Role:

Location :

Department :

Frequency of unsupervised Lone Working :

Risk Type	Is it a	Level of	Comments
	Risk?	Risk	
Does the workplace or location			
present a particular/significant risk			
to the Lone Worker?			
Is there safe access and egress for			
the Lone Worker?			
Is the Lone Worker at an increased			
risk due to a medical condition or			
disability?			
Is a less experienced worker, at			
greater risk working alone ?			
Are there any other factors that			
may increase the risk for this			
Lone Worker ?			
Does the lone worker work at / travel			
between multiple locations?			
Will the work involve the use of			
plant/equipment, manual handling			
equipment or working at height?			
Will the work involve any			
manual handling ?			
Will the work involve the use of			
hazardous substances or drugs?			
Will the work involve naked			
flames, heat, smoke or fire?			
Will the work involve gas,			
electricity or water?			
Will the work require access to			
confined spaces, restricted or			
containment areas?			

This is an example only. You need to choose a suitable assessment for your Organisation's needs. **www.myteamsafe.com** © 2015-2019, HILLINGAR Ltd, All rights reserved.



Will the work involve hand tools,		
sharps, needles or glass?		
Will the work involve access to		
dangerous moving parts etc.?		
Does the work involve		
access/contact with animals?		
Could the public have access to		
the work area?		

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Approval :

REF ID :

Lone Worker

Name :

Risk Assessor

Name :

Date :

Date :

Any other comments/risks not mentioned above :

For more information about lone working, HSE & the MyTeamSafe solution please go to www.myteamsafe.com